



Ways of Knowing Ways of Being

Cultivating Holistic Intelligence & Authentic Presence through Digital Storytelling

Cathy Jaynes, RN, PhD
University of Colorado Denver
The Center for Medical Transport Research

Pip Hardy, BA, MSc
Pilgrim Projects
Patient.Voices Programme




Authentic Presence



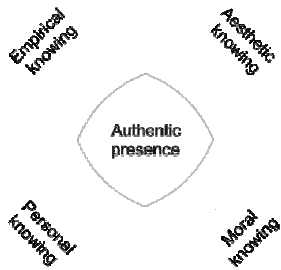




Ways of knowing

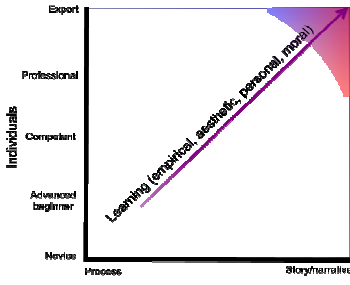


- Empirical knowing
- Aesthetic knowing
- Personal knowing
- Ethical knowing (Carper 1978)

Ways of Knowing

Model of Integrated Learning

The stories are all one



'Each affects the other and the other affects the next and the world is full of stories and the stories are all one.'

Mitch Albom



Getting to the heart of the story

- Reflection
- Distillation


Getting to the heart of the story

- Small group workshops
- Careful facilitation
- De-mystifying technology






Getting to the heart of the story

- The story circle
- Mindfulness and attention
- Creating space and community

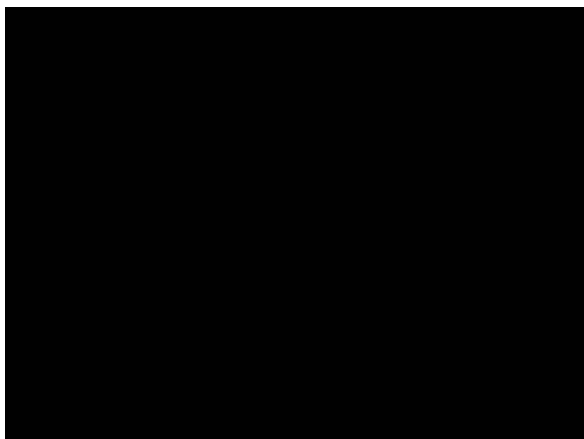




Cathy's story

- 'Go around'
- www.tcmtr.org
- www.patientvoices.org.uk/pilgrim.htm








Passages past dragons

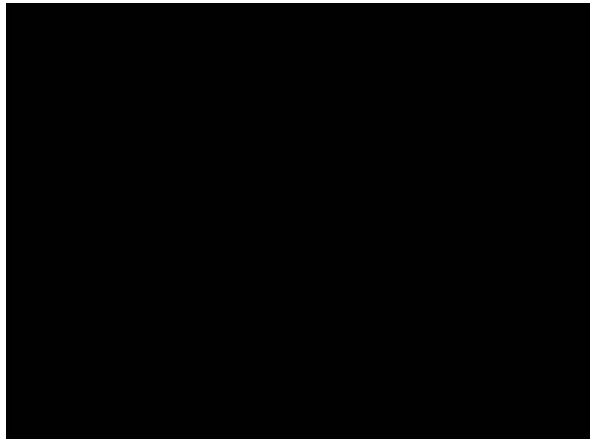
'No matter what form the dragon may take, it is of this mysterious passage past him, or into his jaws, that stories of any depth will always be concerned to tell...'

Flannery O'Connor


Pip's story

- A patient meditation
- www.patientvoices.org.uk/pilgrim.htm




Reflections

- How did you feel?
- What did you think?
- What might you do (differently)?





A culture of the heart

'The culture of the mind must be subservient to the culture of the heart.'



'We must be the change we want to see.'



The Center for Medical Transport
www.tcmtr.org

Patient Voices
www.patientvoices.org.uk

